



Northeast Junior Olympic Regatta
July 21 – 22, 2009
Host: Northeast Harbor Sailing School
Venue: Sea Street Marina
Northeast Harbor, ME
Sponsors: [West Marine](#), [Gill North America](#),
[Active.com](#) and [Bull Frog](#)



NOTICE OF RACE

1. RULES

- 1.1 The Regatta will be governed by the *rules* as defined in the *Racing Rules of Sailing*, except as these are altered by the Sailing Instructions.
- 1.2 The rules of the Optimist, Club 420, and Laser class, except as any of these are altered by this Notice of Race or the Sailing Instructions, will apply.
- 1.3 Certain rules may be changed and these changes will appear in full in the SIs.
- 1.4 By participating in this regatta, a competitor grants to the organizing authority and its sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any photographs, motion pictures and live, taped or filmed television and other reproductions of him or her during the period of the competition without compensation.

2. **ADVERTISING** – Shall be restricted to Category A in accordance with ISAF Regulation 20, Advertising Code, and the relevant class rules.

3. ELIGIBILITY & ENTRY

3.1 AGE

Applicants for all classes must not turn 19 years old in the year of the event. Optimist class age rules apply.

3.2 US SAILING MEMBERSHIP

Membership in US SAILING is required for each competitor (helmsman and crew for doublehanded classes). Competitors may sign up at registration. If you are already a member, bring your membership card to registration - ***it will be checked***. Sailors can join online at www.ussailing.org/membership.

3.3 CLASS ASSOCIATION MEMBERSHIP

US SAILING recommends that competitors are members of their respective class associations (i.e., Optimist, Laser, Club 420, etc.).

4. BOATS/MEASUREMENT

- 4.1 Optimist (Red, Blue and White Fleets), Optimist Green Fleet, 420, Laser, and Laser Radial will be sailed.

- 4.2 Five (5) boats will constitute a class.
- 4.3 Competitors shall bring their own boats.
- 4.4 Each competitor will be responsible for their boats being in compliance with the class rules.
- 4.5 All boats shall be equipped with a floating bowline, minimum 20 feet in length. The jury reserves the right to conduct inspections, boats failing to comply will not be permitted to launch.
5. **FEES** - The entry fee for all classes is \$65 per competitor. The entry fee includes continental breakfast and lunch on sailing days, dinner on Tuesday night, and a regatta t-shirt.

6. SCHEDULE OF EVENTS

Monday, July 20	1600-1900	Early Arrival & Late Registration
Tuesday, July 21	0800-0930	Late Registration & Check-In
	0930	Coaches' and Safety Boat Meeting
	1000	Competitors' Meeting
	1030	Harbor Start
	1130	First Warning, Multiple Races to Follow
	1730	Dinner and viewing of movie "Morning Light"
Wednesday, July 22	0900	Coaches' and Safety Boat Meeting
	0930	Harbor Start
	1100	First Warning, Multiple Races to Follow (No Warning Signal after 1500)
	1600	Awards Presentation

7. **ADVANCE REGISTRATION** - Competitors shall register in advance by completing the Event Entry Form and Medical Consent Form and Waiver – www.nehss.org – and submitting it with proof of US SAILING membership. Entry deadline is: July 15, 2009. Late fee of \$30 / competitor (helmsperson and crew) applies thereafter.
8. **SAILING INSTRUCTIONS** - The sailing instructions will be available at registration and on the web (after July 15, 2009) at: www.nehss.org.
9. **SCORING** - A maximum of 9 races are scheduled, of which 1 shall be completed to constitute a series. If 5 or more races are sailed, a boat's worst score shall be discarded.
10. **COACHES** - Coaches may be asked to register at the event. Coaches who are able to bring proof of US SAILING certification will be given appropriate access to participants and recognition.
11. **SAFETY** - A US Coast Guard approved personal flotation device shall be worn, properly fastened, at all times while launching and when sailing. Failure to comply with this rule can result in disqualification as deemed appropriate by the protest committee. A boat

retiring from a race shall notify a Race Committee vessel before leaving the course, or when that is impossible, shall notify a Regatta Official immediately after arrival ashore.

12. DISCIPLINE

- 12.1** Per US SAILING Regulation 5.03 no contestant shall use, either on or off the water, during any US SAILING sanctioned event: marijuana or any other controlled substance (as defined in 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841, or alcoholic beverages (distilled spirits, wine and beer, each as defined in chapter 51 of the U.S. IRC Code and intended for beverage use). This regulation is in effect from date and time of arrival through date and time of departure from the locale. The penalty shall be that the contestant after a proper hearing, be immediately removed from the regatta venue and, where practical, sent home.
- 12.2** All competitors are expected to maintain the highest level of conduct throughout the entire event. When the Protest Committee, from its own observation or a report received from any source believes that a competitor may have committed a breach of a rule, good manners, or sportsmanship, or may have brought the sport into disrepute, it may call a hearing. After a proper hearing the penalty may range from a reprimand to dismissal from the regatta and additional action may be taken under RRS 69.
- 12.3** Hearings will be held generally in accordance with the recommendations of Appendix M5 of the RRS. The officers for hearing a violation will consist of the Chief Judge, acting as chairman of the hearing, and the Protest Committee.

- 13. PRIZES** - USA Junior Olympic medals will be awarded to competitors placing first through third in all divisions. 420, Optimist and Laser Trophies will be awarded for first through fifth place overall. Optimist Green Fleet participation trophies will be awarded.

14. FURTHER INFORMATION

Contact Regatta Chairperson, Malinda Crain – cra1917@aol.com – and check the web site for further information.

Host Club:

Northeast Harbor Sailing School
PO Box 12
Northeast Harbor, ME 04662
(207) 276-5101
(207) 276-4233
director@nehss.org
www.nehss.org

Regatta Chair:

Malinda Crain
cra1917@aol.com